



Andrea Sulzbacher - Services

About Andrea Sulzbacher

Drawing from 20 years of study in mindful-movement and the healing arts, Andrea Sulzbacher has developed a holistic healing system utilizing deep core awakening principles to enable integration of the physical, mental and emotional aspects of our human experience. Cre8balance® is a process that awakens the “Inner Warrior”; a personal journey of self-study, regenerating self-care and accessing inner healing power.

